

**Series: Lessons From a Running Man**

Text: Jonah Three

Title: God Responds When We Repent - Jonah and Nineveh's Repentance

**Message Titles**

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| II.  | God's Responds When We Remember - | Jonah's Remembrance            |
| III. | God Responds When We Repent -     | Jonah and Nineveh's Repentance |
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**SLIDE 1** Lessons From a Running Man

**SLIDE 2** God Responds When We Repent

**Introduction:**

**SLIDE 3-7**

**3** Then the word of the LORD came to Jonah a second time: <sup>2</sup>"Go to the great city of Nineveh and proclaim to it the message I give you."

<sup>3</sup>Jonah obeyed the word of the LORD and went to Nineveh. Now Nineveh was a very large city; it took three days to go through it. <sup>4</sup>Jonah began by going a day's journey into the city, proclaiming, "Forty more days and Nineveh will be overthrown." <sup>5</sup>The Ninevites believed God. A fast was proclaimed, and all of them, from the greatest to the least, put on sackcloth.

<sup>6</sup>When Jonah's warning reached the king of Nineveh, he rose from his throne, took off his royal robes, covered himself with sackcloth and sat down in the dust. <sup>7</sup>This is the proclamation he issued in Nineveh:

"By the decree of the king and his nobles:

Do not let people or animals, herds or flocks, taste anything; do not let them eat or drink. <sup>8</sup>But let people and animals be covered with sackcloth. Let everyone call urgently on God. Let them give up their evil ways and their violence. <sup>9</sup>Who knows? God may yet relent and with compassion turn from his fierce anger so that we will not perish."

<sup>10</sup>When God saw what they did and how they turned from their evil ways, he relented and did not bring on them the destruction he had threatened.

## God's Responds When We Repent

### SLIDE 8

#### I. Understand Repentance

Define Repentance:

remorse or contrition for one's past actions or sins

an act or the process of being repentant; penitence

c.1300, from Old French repentance "penitence" (12c.), from present participle stem of *repentir* (see *repent* ).

Repentance goes beyond feeling to express distinct purposes of turning from sin to righteousness; the Bible word most often translated repentance means a change of mental and spiritual attitude toward sin. [Century Dictionary]

#### **Eaton's Bible dictionary**

There are three Greek words used in the New Testament to denote repentance.

(1.) The verb *metamelomai* is used of a change of mind, such as to produce regret or even remorse on account of sin, but not necessarily a change of heart. This word is used with reference to the repentance of Judas (Matt. 27:3).

(2.) *Metanoeo*, meaning to change one's mind and purpose, as the result of after knowledge. This verb, with

(3) the cognate noun *metanoia*, is used of true repentance, a change of mind and purpose and life, to which remission of sin is promised.

Evangelical repentance consists of

(1) a true sense of one's own guilt and sinfulness;

(2) an apprehension of God's mercy in Christ;

(3) an actual hatred of sin (Ps. 119:128; Job 42:5, 6; 2 Cor. 7:10) and turning from it to God; and

(4) a persistent endeavour after a holy life in a walking with God in the way of his commandments.

The true penitent is conscious of guilt (Ps. 51:4, 9), of pollution (51:5, 7, 10), and of helplessness (51:11; 109:21, 22). Thus he apprehends himself to be just what God has always seen him to be and declares him to be. But repentance comprehends not only such a sense of sin, but also an apprehension of mercy, without which there can be no true repentance (Ps. 51:1; 130:4).

### SLIDE 9

